

# Optagold

Vitamin C, Vitamin E, Lutein, Copper & Zinc

## **Compositions:**

Optagold Capsule: Each capsule contains Vitamin E BP 30 mg, Vitamin C BP 60 mg, Lutein USP 6 mg, Zinc (as Zinc Oxide) BP 15 mg, and Copper Ph. Gr. (as Cupric Oxide) 2 mg.

## **Pharmacology:**

Vitamin E & Vitamin C work as antioxidants and they have free radicals scavenging activity. Lutein protects macula from the damage caused by oxidation and light. Zinc works as co-enzyme of a numerous enzymes. Copper plays an important role in the growth, skeletal integrity and development of nervous system.

## **Dosage And Administration:**

1-2 capsules / day or as recommended by the physician.

## **Contraindications:**

This product is contraindicated to the patients with known hypersensitivity to any ingredients of the drug.

## **Warning And Precaution:**

Vitamin C should be given with care to patients with hyperoxaluria. It is also to be given carefully to the patients taking oral Vitamin C & Vitamin E.

## **Side Effects:**

Large dose of Vitamin C & Vitamin E cause diarrhea and other gastrointestinal disturbances. Fatigue and weakness have also been reported.

## **Use in Pregnancy and Lactation:**

It is recommended to consult the physician before using this drug during pregnancy and lactation.

## **Drug Interaction:**

This product should be given carefully in patients taking oral anticoagulants or estrogen. It has found to antagonize the effects of Vitamin K leading to an increase in blood clotting time in these patients.

## **Overdosage:**

No information provided.

## **Storage:**

Store at room temperature ( 15°-25°C) and dry place protected from light. Keep out of the reach of children.

## **Packing:**

Optagold Capsule: Each Box contains 8x4's capsules in Alu-Alu blister pack.

Manufactured By:

The IBN SINA Pharmaceutical Industry PLC.

Shafipur, Gazipur, Bangladesh.