# **METHI PLUS**

#### FENUGREEK & GYMNEMA

### **Compositions:**

Each capsule contains Fenugreek 300 mg and Gymnema 200 mg.

### **Pharmacology:**

Fenugreek seed is one of the most ancient medicinal herbs. Fenugreek is an annual plant belongs to the family Fabaceae (Leguminosae). The scientific name of Fenugreek is Trigonella foenum-graecum. The antidiabetic properties of Fenugreek seeds are attributed to the active substances they contain, such as Saponins, Diosgenin, 4-Hydroxyisoleucin (4-OH-Ile) and Trigonelline. Gymnema sylvestre is popularly known as Gurmar for its distinct property as sugar destroyer. The phytoconstituents responsible for sweet suppression activity include Triterpene Saponin (Gymnemic Acids & Gymnemasaponin) and a Polypeptide Gurmarin.

### **Indications:**

Type II Diabetes and Hyperlipidemia

### **Dosage And Administration:**

1 capsule 1-3 times before meals or as directed by a physician.

**Contraindications:** N/A

Warning And Precaution: N/A

Side Effects: No Known Side Effects

**Use in Pregnancy and Lactation:** Sufficient clinical data is not available to use in pregnant women and lactating mother.

**Drug Interaction:** N/A

**Overdosage:** N/A

**Storage:** Store in a cool & dry place, Protect from light. Keep out of the reach of the children.

## **Packing:**

Each box contains  $6 \times 5$  capsules in Alu-Alu blister pack.

Manufactured By: The IBN SINA Pharmaceutical Industry PLC. Shafipur, Gazipur, Bangladesh.